

Monday, September 9th

- ▶ Turn in Lantern Projects
- ▶ Defining vocabulary terms pgs. 4-20
- ▶ Complete Classroom Contract/I wish my teacher knew...
- ▶ Fill in your agenda with:
- ▶ Complete defining health terms
- ▶ Classroom Contract/I wish my teacher knew...

Tuesday, September 10th

- ▶ Today we will be making our Classroom posters for our classroom contest.
- ▶ Fill in agenda with:
- ▶ Classroom Poster Contest

Wednesday, September 11th

- ▶ Happy Valentine's Day!
- ▶ Continue working on Classroom posters.
- ▶ Vote for your favorite poster
- ▶ My Plate Crossword puzzle and word search
- ▶ Fill in agenda with:
- ▶ Finish Classroom Rules Posters for the contest.
- ▶ My Plate Crossword Puzzle

Thursday, September 12th

- ▶ Today we will go over the MyPlate crossword puzzle and nutrition word search.
- ▶ Complete and discuss Rumors About Nutrition and Physical Activity
- ▶ Watch video: MyPlate Newest Dietary guidelines and complete worksheet
- ▶ Fill in agenda with:
- ▶ Begin talking about Nutrition

Friday, September 13

- ▶ Check My Plate Crossword puzzle
- ▶ Read and highlight Why it's important to eat healthy. Read about Grains and Vegetables today.
- ▶ Complete 1-5 of Nutrition and Physical Activity Reading Questions ONLY.
- ▶ Read Understanding Food Package Terms
- ▶ Fill in Agenda with:
- ▶ Check My Plate Crossword Puzzle
- ▶ Read about the importance of Grains and Vegetables
- ▶ Complete questions 1-5 ONLY
- ▶ Read Understanding Food Package Terms